Remember The Sabbath Day

10 Commandments = 10 life giving lifestyle habits that God's Children get to walk out through the power of the Holy Spirit.

John Wesley - "This 'handwriting of ordinances' our Lord did blot out, take away, and nail to His cross (Col. 2:14). But the moral law contained in the Ten Commandments, and enforced by the prophets, He did not take away The moral law stands on an entirely different foundation from the ceremonial or ritual law Every part of this law must remain in force upon all mankind and in all ages."

10 Commandments pictures:

Exodus 20:8-11 - "Remember the Sabbath day by keeping it holy. Six days you shall labor and do all your work, but the seventh day is a Sabbath to the LORD your God. On it you shall not do any work, neither you, nor your son or daughter, nor your manservant or maidservant, nor your animals, nor the alien within your gates. For in six days the LORD made the heavens and the earth, the sea, and all that is in them, but he rested on the seventh day. Therefore the LORD blessed the Sabbath day and made it holy.

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1st commandment = Worship the right and only God
2nd commandment = Worship God in the right way
3rd commandment = Worship God sincerely
4th commandment = Worship God with others regularly
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- 1-3 = relationship with God
- 4 = relationship with God and man
- 5-10 = relationship with man through God
- 3 = number of divinity (trinity)
- 6 = number of man
- 4 = number of God's work in creation

Exodus 31:12-15

12. Then the LORD said to Moses,

13. "Say to the Israelites, `You must observe my Sabbaths. This will be a sign between me and you for the generations to come, so you may know that I am the LORD, who makes you holy.

14. "`Observe the Sabbath, because it is holy to you. <u>Anyone who</u> <u>desecrates it must be put to death; whoever does any work on that day</u> <u>must be cut off from his people.</u>

15. For six days, work is to be done, but the seventh day is a Sabbath of rest, holy to the LORD. Whoever does any work on the Sabbath day must be put to death.

The 4th commandment has 2 parts to it:

(1. "6 days you will work" - creativity.

(2. Worship – Sabbath, and

John 17:4 – "I have brought you glory on earth by completing the <u>work</u> you gave me to do."

1 Cor. 3:12-14 - If any man builds on this foundation using gold, silver, costly stones, wood, hay or straw, his work will be shown for what it is, because the Day will bring it to light. It will be revealed with fire, and the fire will test the quality of each man's work. If what he has built survives, he will receive his reward.

Col. 3: 23-24 - Whatever you do, work at it with all your heart, as working for the Lord, not for men, since you know that you will receive an inheritance from the Lord as a reward. It is the Lord Christ you are serving.

Rom. 4:5 - However, to the man who does not work but trusts God who justifies the wicked, his faith is credited as righteousness.

Pic: Negative developed

Colossians 2:16-17 - Therefore do not let anyone judge you by what you eat or drink, or with regard to a religious festival, a New Moon celebration or a Sabbath day. These are a shadow of the things that were to come; the reality, however, is found in Christ.

Romans 12:11 - Not slothful in business; fervent in spirit; serving the Lord;

Vance Havner - "if we don't come apart, we'll come apart!"

Matthew 11:28-30 - "Come to me, all you who are weary and burdened, and I will give you rest. Take my yoke upon you and learn from me, for I am gentle and humble in heart, and you will find rest for your souls. For my yoke is easy and my burden is light." Matthew 5:17 - "Do not think that I have come to abolish the Law or the Prophets; I have not come to abolish them but to fulfill them.

Hebrews 4:1-11

1. Therefore, since the promise of entering his rest still stands, let us be careful that none of you be found to have fallen short of it.

2. For we also have had the gospel preached to us, just as they did; but the message they heard was of no value to them, because those who heard did not combine it with faith.

3. Now we who have believed enter that rest, just as God has said, "So I declared on oath in my anger, `They shall never enter my rest.'" And yet his work has been finished since the creation of the world.

4. For somewhere he has spoken about the seventh day in these words: "And on the seventh day God rested from all his work."

5. And again in the passage above he says, "They shall never enter my rest."

6. It still remains that some will enter that rest, and those who formerly had the gospel preached to them did not go in, because of their disobedience.

7. Therefore God again set a certain day, calling it Today, when a long time later he spoke through David, as was said before: "Today, if you hear his voice, do not harden your hearts."

8. For if Joshua had given them rest, God would not have spoken later about another day.

9. There remains, then, a Sabbath-rest for the people of God;

10. for anyone who enters God's rest also rests from his own work, just as God did from his.

11. Let us, therefore, make every effort to enter that rest, so that no one will fall by following their example of disobedience.

Ex. 20:8 - "Remember the Sabbath day by keeping it holy.

1 Cor. 11:23-25 -

23. For I received from the Lord what I also passed on to you: The Lord Jesus, on the night he was betrayed, took bread,

24. and when he had given thanks, he broke it and said, "This is my body, which is for you; do this in remembrance of me."

25. In the same way, after supper he took the cup, saying, "This cup is the new covenant in my blood; do this, whenever you drink it, in remembrance of me." Communion = common unity

Heb. 10:25 - Not forsaking the assembling of ourselves together, as the manner of some is; but exhorting one another: and so much the more, as ye see the day approaching.

-Jesus was raised from the dead on a Sunday

Mark 16:9 - When Jesus rose early on the first day of the week, he appeared first to Mary Magdalene, out of whom he had driven seven demons.

-He met with various people and His main disciples 5 times after His resurrection on that same Sunday.

-Then again on the next Sunday with Thomas.

Acts 20:26-28

26 A week later his disciples were in the house again, and Thomas was with them. Though the doors were locked, Jesus came and stood among them and said, "Peace be with you!"

27 Then he said to Thomas, "Put your finger here; see my hands. Reach out your hand and put it into my side. Stop doubting and believe." 28 Thomas said to him, "My Lord and my God!"

-He imparted the Holy Spirit to them on a Sunday.

Jn. 20:19-22

19 On the evening of that first day of the week, when the disciples were together, with the doors locked for fear of the Jewish leaders, Jesus came and stood among them and said, "Peace be with you!"

20 After he said this, he showed them his hands and side. The disciples were overjoyed when they saw the Lord.

21 Again Jesus said, "Peace be with you! As the Father has sent me, I am sending you."

22 And with that he breathed on them and said, "Receive the Holy Spirit.

-Pentecost was a Sunday (50 days from Resurrection day) - Baptism of the Holy Spirit

Acts 2:1-4

1When the day of Pentecost came, they were all together in one place. 2 Suddenly a sound like the blowing of a violent wind came from heaven and filled the whole house where they were sitting.

3 They saw what seemed to be tongues of fire that separated and came to rest on each of them.

4 All of them were filled with the Holy Spirit and began to speak in other tongues as the Spirit enabled them.

-The early church met for worship every Sunday

Acts 20:6-7

6. But we sailed from Philippi after the Feast of Unleavened Bread, and five days later joined the others at Troas, where we stayed seven days.7. On the first day of the week we came together to break bread. Paul spoke to the people and, because he intended to leave the next day, kept on talking until midnight.

-Collections were taken for the work of the Lord each Sunday

I Cor. 16:2 - On the first day of every week, each one of you should set aside a sum of money in keeping with his income, saving it up, so that when I come no collections will have to be made.

-The book of Revelation was completed on a Sunday (the final book of the Bible.

Rev. 1:10 - On the Lord's Day I was in the Spirit, and I heard behind me a loud voice like a trumpet, which said: "Write on a scroll what you see and send it to the seven churches: to Ephesus, Smyrna, Pergamum, Thyatira, Sardis, Philadelphia and Laodicea."

Hebrews 10:22-25

22. let us draw near to God with a sincere heart in full assurance of faith, having our hearts sprinkled to cleanse us from a guilty conscience and having our bodies washed with pure water.

23. Let us hold unswervingly to the hope we profess, for he who promised is faithful.

24. And let us consider how we may spur one another on toward love and good deeds.

25. Let us not give up meeting together, as some are in the habit of doing, but let us encourage one another--and all the more as you see the Day approaching.

Mark 2:27-28

27 Then he said to them, "The Sabbath was made for man, not man for the Sabbath.

28 So the Son of Man is Lord even of the Sabbath."

Lk. 14:1-5

One Sabbath, when Jesus went to eat in the house of a prominent Pharisee, he was being carefully watched.

2 There in front of him was a man suffering from abnormal swelling of his body.

3 Jesus asked the Pharisees and experts in the law, "Is it lawful to heal on the Sabbath or not?"

4 But they remained silent. So taking hold of the man, he healed him and sent him on his way.

5 Then he asked them, "If one of you has a child or an ox that falls into a well on the Sabbath day, will you not immediately pull it out?" 6 And they had nothing to say.

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- 1. Rest (body soul and Spirit)
- 2. Reflection (on God's goodness)
- 3. Re-evaluation (of our priorities)
- 4. Repentance (getting God's mindset)
- 5. Release (of control)
- 6. Refreshing (bathed in His presence)

- 7. Restoration (of fellowship with God and His people)
- 8. Restart (of the week with a fresh vision for the week)